

## SIZING INFORMATION

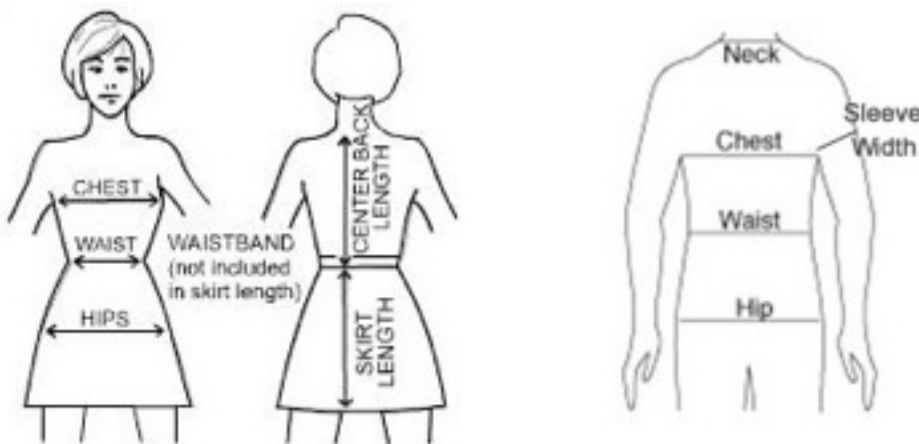
Our Company recommends that you measure your team members for the best fit possible. We are happy to help you to convert your team measurements into our sizes using the measuring guidelines and size charts below.

**Please be very careful when measuring or choosing sizes for your team as custom made uniforms are not returnable.**

Please see our MEASURING GUIDELINES below for more information.

## HOW TO MEASURE

Please measure with a cloth measuring tape, not tight. And you'd better have the same person measure all team members for consistency. Wear the same type undergarments you plan on wearing with your uniform during measuring.



1. CHEST: Around fullest part of chest under arms with arms down. Keep tape measure straight around back.
2. SLEEVE: Top of shoulder ridge to bottom of wrist bone.
3. SLEEVE WIDTH: The widest part of the arm.
4. SHOULDER: Ridge of left shoulder bone, across neck to bridge of right shoulder bone.
5. SHELL LENGTH (Central Back): From neck bone (bump) to waistline-where waistband of skirt will be worn.  
(Shell is 1" longer than "SL (CB)", midriff is 2" shorter on average than "SL (CB)" and crop is 3" shorter on average than "SL (CB)". "BWL" is back waist length.)
6. WAIST: Around part of waist where skirt waistband will be worn-normally round belly button; if you need low waist, measure around the part approx.4cm below belly button.
7. HIPS: Around fullest part of hip area. Approx.16cm below belly button **(By the way, the hip size on our regular size, it is approx. 8cm down the waist band, pls pay attention to it)**
8. SKIRT-LENGTH: From bank at waistline (where skirt waistband will be worn) to desired length on leg. **This length is including the waist band.**
9. INSEAM: From inner leg at crotch to desired length.
10. Out seam: From top of pants waistband to desired length.

